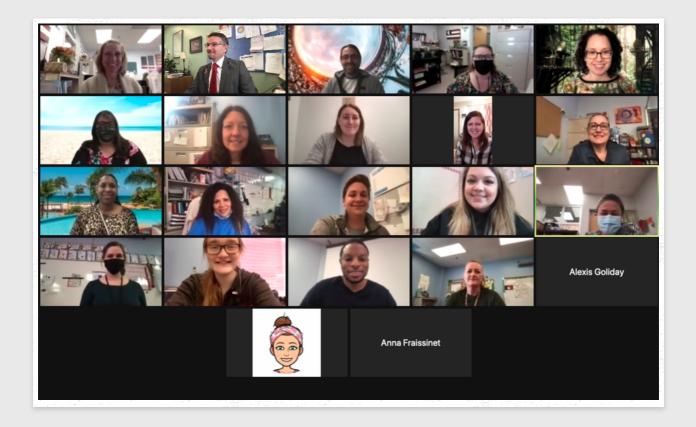
ARCTIC LIGHT K-8

- DO GOOD WORK, BE A FRIEND, EVERY DAY - MAY 17TH, 2021 -



UPCOMING EVENTS:

- May 18th Kindergarten Graduation 1pm Commons
- May 18th 8th Grade Graduation 3:30pm Gym
- May 20th Last Day of School for Students
- May 21st Last Day for Teachers
- May 25th Last Day for School Office Staff
- Aug 2nd Return of Office Staff
- Aug 11th Return of Teachers
- Aug 16th Meet n' Greet School Staff: 5:30-6:30pm
- Aug 18th First Day for Students



PRINCIPAL'S MESSAGE - SUMMER

Summer... it has a mythical ring to it - sunny skies, sprinklers, staying up late, sleeping till one is ready to get up.

The reality is our modern life keeps us active and engaged. Of course we will all find time to enjoy the warmer outdoors but each of us needs to find avenues for enrichment.

For many educators that enrichment means lots of summer coursework. Whether your teacher is teaching or taking classes, their summer will be quite full of learning.

Students have better summers when engaged. Keeping students active requires much from our parents. Understand that while it may be intense, this window is fairly short. Soon your child will be independent and these days will be memories. Consider each possible summer engagement as a method of enrichment:

- Visit Denali National Park
- Fish in Valdez
- Float the Upper Chena River
- · Read a book a week
- Draw a picture twice a week
- Increase your mathematical computation speed
- Increase your vocabulary through flashcards
- Grow plants from seeds
- Collect data from your own weather observations

Things that I remember (my kid is now grown-up)

• Draw a picture and write words to the drawing - always a treasure for the parent.

• Organize your child's keepsake papers - the child liked this as much as the parent.

August 18th, our first day of school, will be here before you know it. Students that have stayed socially, physically, and academically active will have a far easier time when we return to the classroom. Support your child and enjoy watching them grow.

Do Good Work, Be a Friend, Every Day.

Keep in touch, Principal Keener

UAF SUMMER PROGRAMS FOR KIDS

Here is a great listing of UAF Student Summer Programs. We missed them last year.

BUG CLUB BICYCLE DRAWING - WEDNESDAY

Thank You Kiwanis of Chena and North Haven Commuities for the BUG Club bicycles, ice cream, certificates, and pizza coupons.



ENROLLMENT LOTTERY FOR 7TH/8TH GRADE AT ARCTIC LIGHT

Complete this lottery form to attend 7th/8th grade at Arctic Light K-8.

THANK YOU 2-8 FOR YOUR HELP DURING OUR FIELD DAY!





A MESSAGE FROM THE NURSE

With all the beautiful, warm weather in Fairbanks, allergy season is about to be upon us. If your child has chronic/seasonal allergies, please note that allergies and COVID do share similar symptoms. These symptoms include runny nose, congestion, headache, cough, and shortness of breath. Students exhibiting any of these symptoms should **still remain home** and follow the return to school procedure, following symptoms.

Our goal is to keep your children healthy and in school. If you feel your child may qualify for a chronic condition exemption, due to allergies (or another chronic condition) please contact your child's provider to discuss further.

That form is found here:

https://www.k12northstar.org/cms/lib/AK01901510/Centricity/Domain/4989/STUDENT_FNSB SD%20C0VID-19%20Symptom%20Exemption-final.pdf

If you have any additional questions, please contact me anytime.

Thanks!

Katie Brabson LPN

Arctic Light Elementary K-8

Fairbanks North Star Borough School District

Phone: 907-356-2038 ext. 28541

Fax: 907-356-2189

VACCINATIONS FOR CHILDREN 12
YEARS AND OLDER (BELOW).



Dose #1 of Pfizer Covid Vaccine for Ages 12 and over

May 15, 2021 from 9am-3pm

TVC, 1001 Noble street 1st floor Appts: TVC Pediatrics at 907-459-3520 Walk-ins as available

May 18, 2021

NP Middle, 300 E 8th Ave For appointments go to: https://myhealth.alaska.gov/appointme nt/en/reg/1072957604

May 22, 2021 from 9am-3pm

TVC, 1001 Noble street 1st floor Appts: TVC Pediatrics at 907-459-3520 Walk-ins as available

Other Vaccine Opportunities:

http://dhss.alaska.gov/dph/Epi/id/Page s/COVID-19/VaccineAppointments.aspx

HEALTHY SCHOOLS NEWSLETTER - MAY 2021

Linked Here

Healthy NEWS

Kids grow and learn better in pollution-free schools



May 2021

EPA Region 10 Healthy Schools Team

Serving Alaska, Idaho, Oregon, Washington and Tribal Nations

Find past issues at: https://www.epa.gov/children/healthy-schools-news-pacific-northwest

What an unusual and challenging school year it's been! Healthy Schools News remains committed to supporting your efforts to create healthier learning environments for your students and staff. Read on for practical, just-in-time resources and guidance. Please share with staff, parents, and networks. To view online or access past issues go to https://www.epa.gov/children/healthy-schools-news-pacific-northwest.



Hooray for Clean School Buses

Congratulations to the recipients of our <u>DERA School Bus</u>
<u>Awards!</u> DERA stands for Diesel Emissions Reduction Act. EPA
awarded \$615,000 to replace or retrofit 29 older diesel school
buses in eight Idaho, Oregon, and Washington school districts.
The new buses will reduce pollutants that are linked to health
problems such as asthma and lung damage.

Healthy Schools and the American Rescue Plan



In March, the American Rescue Plan (ARP) Act was signed into law. The package includes funding for the ARP

School Emergency Relief
Fund. Funds are provided
to state educational
agencies and school districts to
help safely reopen and sustain
the safe operation of schools and
address the impact of the coronavirus
pandemic on the Nation's students. The

funds can help support health and safety measures consistent with the Centers for Disease Control and Prevention guidance. This includes investing in resources to improve indoor air quality and reduce risk of exposure to environmental health hazards. Webinars and helpful tools to come!

On Demand Webinars: Ventilation and Cleaning

The Healthy Indoor Environments in Schools Webinar Series is part of EPA's Tools for Schools Program's ongoing commitment to stakeholders working to ensure that schools are healthy places to work and learn. Intended to help school staff in responding to concerns in their facilities, view these webinars to learn about best ventilation and cleaning practices for controlling viruses, and reducing the spread of infectious disease. Check regularly for new webinars!



May is Clean Air Month

Find resources to help you and your students breathe easier.

- EPA's Air Quality Awareness Week webpage spotlights wildfires and smoke, asthma and air quality, citizen science and air sensors, environmental justice and air quality, and air quality around the world.
- Visit EPA's Asthma Awareness Month webpage. You'll find resources, infographics, and tips for reducing asthma triggers like pests, mold, and chemical irritants that can be present in classrooms.





INSTRUCTIONAL COACH - 5/17/2021

Good morning,

I know this is a great time of year to get our students' innovative wheels turning. The sun is shining and they are ready to take on the world. One wonderfully positive outlet is a gender equality project for the Global Goals called *From Where I Stand*. The project can be completed in two 45-minute lessons (including a homework or additional in-class task) and is appropriate for 3rd through 8th grade.

The activity has the students surveying the local influencers and decision makers to determine the ratio of female to male leaders within their own community. This always proves wildly eye-opening and thought provoking for every class I've ever worked on this project with.

Students will:

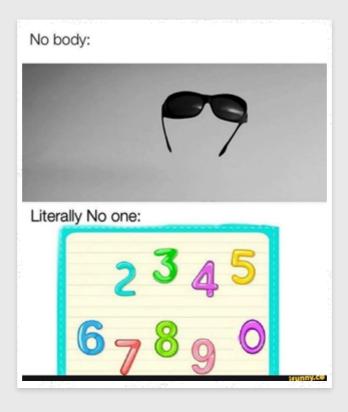
- Gain a better understanding and awareness of one global topic, gender equality, to model more effective and active global citizenship
- · Apply local statistics to an action that contributes to the achievement of the Global Goals
- Gather, process, calculate, interpret and analyze data
- Apply data in a real-life context

For the complete lesson plan, resources, and videos, including a short call-to-action video by a leading spokeswoman for the cause, Emma Watson (AKA Hermione Granger), click the link below:

http://bit.ly/genderequality1

Thank you,

Nick Hoy Instructional Coach Arctic Light Elementary 907-356-2038 X28017



COUNSELORS CORNER - MAY 17, 2021

Make your own adventure! Be a team player! Both statements describe summer learning.

For adventure, we challenge ourselves, and learn through experiences.

On a team, we Form, Storm, Norm, Perform, and Adjourn.

We belong to multiple teams: Families, friends, school communities, our planet.

All teams continue to move through the different stages of development:

- · Getting to know each other politely (Forming)
- Finding out that we have differences that may cause conflict (Storming)
- Working out agreements for getting along (Norming)
- Using unique strengths to achieve common goals (Performing)
- Celebrating past accomplishments and opportunities ahead (Adjourning)

The tasks of team leadership include identifying the current team stage

- Establishing clear decision making processes, roles and goals, if Forming
- Discussing the stage, listening, building trust, resolving conflicts, if Storming
- Supporting each team member's responsibility for progress, if Norming
- · Delegating tasks, maintaining trust, and expressing gratitude, if Performing
- Celebrating team achievements and traditions for closure, if Adjourning

The tasks of team members include:

- Having humility and curiosity
- · Working hard to learn more
- Responding constructively to feedback

- Being motivated by one's own purpose and values
- · Supporting the team goals
- Having empathy for teammates, listening to stories, taking positive actions
- · Communicating carefully by acknowledging multiple, changing perspectives
- Studying trends to improve performance and taking actions to improve

Make your own adventure.

Be a team player.

Grow.

Kate LaSota

School Counselor Arctic Light K-8 (907) 356-2038 x28020

SCHOOLCAFE.COM FREE/ REDUCED MEAL APPLICATION

Takes a few minutes - can save you a bundle and support our school's academic programs

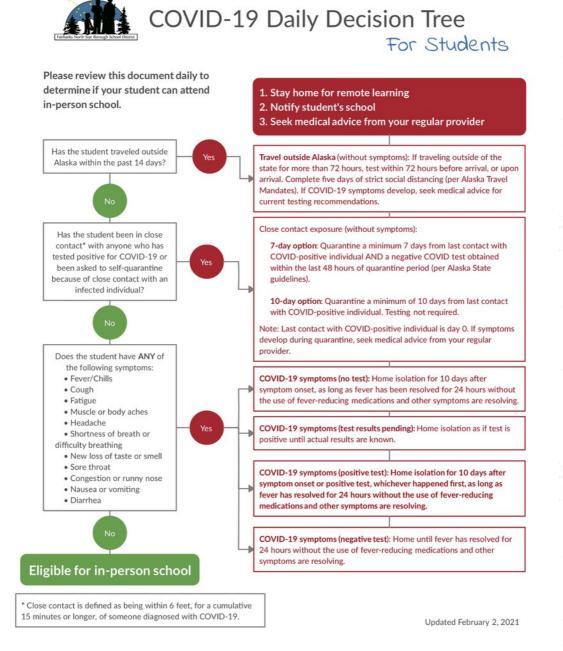
KINDERGARTEN ENROLLMENT IS OPEN FOR 2021-2022

Enrollment form linked here

READY RAVEN INFORMATION



NEW *STUDENT* DAILY DECISION TREE FLOWCHARTS



FIELD DAY - TUG OF WAR



